

Effects of Different Amino Acids on Biofilm Growth, Swimming Motility and Twitching Motility in *Escherichia Coli* BL21

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Abstract

Biofilms are surface-attached, matrix-enclosed microbial communities that can cause various diseases like formation of dental plague, urinary tract infection and cystic fibrosis. The purpose of this study was to examine the effects of amino acids (arginine, valine, leucine, glycine, lysine, phenylalanine, threonine and proline) on biofilm formation swimming motility and twitching motility in Escherichia coli BL21. M63 minimal salt media (supplemented with different types and concentrations of amino acids) were used for induction of biofilm formation and the resulting biofilm growth was quantified spectrophotometrically at optical density of 550 nm after 24 hours of inoculation. For swimming and twitching motility assays, amino acid-supplemented tryptone and Luria-Bertani agar plates were used and the diameter of halo formed in the agar was measured after the same duration. The eight amino acids tested showed varied effects on biofilm formation, swimming motility and twitching motility in E. coli BL21. Leucine, glycine, threonine and proline promoted both twitching and swimming motility up to about 100%. Arginine and valine increased swimming motility up to 50% but had no effect on twitching motility. Lysine and phenylalanine completely inhibited both swimming and twitching motility in the bacteria. With regard to biofilm formation, both leucine and valine promoted it up to a maximum of 25%. However, glycine, lysine, phenylalanine, and threonine inhibited biofilm formation; proline and arginine showed inhibitory effects only at higher concentrations (0.4%). These results suggest that amino acids may play a role in inhibiting or promoting biofilm formation. The potential use of amino acid-based dietary supplements to control biofilm formation and ultimately to treat its associated diseases warrants further investigation.

Keywords: Amino Acids, Biofilm Formation, Swimming Motility, Twitching Motility

1. Introduction

Bacteria are predominantly not free floating but grow as multi-species communities attached to submerged surfaces known as biofilms (O'Toole & Kolter, 1998; Stoodley et al., 2002).



Biofilms are highly organized and functionally heterogeneous bacterial communities that are frequently formed on biotic and abiotic surfaces. They protect bacteria from the harsh external environment via self-produced matrices of extracellular polymeric substances (Kolari, 2003). Furthermore, they are also more resistant to antimicrobial agents, compared to the same bacteria growing in a free-swimming (planktonic) state (Costerton et al., 1999; Donlan & Costerton, 2002; Dunne, 2002).

Escherichia coli is a rod-shaped, Gram-negative bacterium commonly found in the lower intestine of warm-blooded animals. It was used as a model in this study for biofilm formation. Biofilms can be beneficial as filters in wastewater treatment plants, whereby waste organic matters will be taken up by the bacterial cells in them as source of nutrients (Cunningham et al., 2008). On the other hand, biofilms can cause serious economic and health problems due to their enhanced resistance to antibiotics and biofouling potential (Costerton et al., 1999). Furthermore, they are also responsible for huge losses in industrial productivity (Imran & Smith, 2005).

In this study, we investigated the effects of amino acids on biofilm formation, swimming motility and twitching motility in *E. coli* BL21. Different amino acids in various concentrations were tested with the aim of identifying the amino acid(s) that would exert effects, both positive and negative, on these physiological processes. According to Hewitt (2010), twitching motility is a prerequisite for biofilm formation. Twitching is a surface-associated motility that involves the extension, tethering and retraction of the polar type IV pili (Alarcon et al., 2009). According to Barrionuevo and Vullo (2012), the presence of flagella allows bacterial cells to propagate through liquid or medium of very low viscosity. The formation of complex bacterial communities known as biofilms begins with the interaction of planktonic cells with a surface in response to appropriate environmental signals (O'Toole & Kolter, 1998). Kraigsley et al. (2001) has shown that non-swimming or non-twitching bacteria have reduced ability of biofilm formation.

To observe the effects of different amino acids on biofilm formation as well as twitching and swimming motility, we therefore supplemented the growth media of *E. coli* BL21 with different concentrations of arginine, valine, proline, phenylalanine, leucine, glycine, lysine and threonine for the assays performed.

2. Materials and Methods

2.1 Bacterial Strains and Medium Preparation

The bacterial strain used in this study was *E. coli* BL21, which was obtained from the American Type Culture Collection (ATCC BAA-1025). *E. coli* BL21 was maintained on Luria-Bertani (LB) agar plates (1% w/v tryptone, 0.5% w/v yeast extract, 0.5% w/v NaCl and 1.5% w/v agar). The amino acid stock solutions were prepared by dissolving amino acids in distilled water, followed by sterilization via autoclaving. These were added to molten LB agar to achieve different concentrations of amino acids (0%, 0.05%, 0.1%, 0.2% and 0.4% v/v), respectively, in the final plates.



2.2 Biofilm Formation Assays

Biofilm formation assays were performed using 96-well microtiter plates, based on the protocol by Merritt (2011) with minor modifications. Briefly, *E. coli* was cultured in LB broth overnight and the resulting culture was diluted to approximately OD_{600nm} of 0.6 with filter-sterilized M63 minimal salt medium (13.6 g/L KH₂PO₄, 2 g/L (NH₄)₂SO₄, 0.5 mg/L FeSO₄.7H₂O 1 mM MgSO₄ and 0.2% w/v glucose). Each well of a microtitre plate was loaded with 100 µl of M63 minimal salt medium and different concentrations of each amino acid (0.05%, 0.1%, 0.2% and 0.4% v/v), as well as a control well without any amino acid. Each concentration for every amino acid tested was assayed in triplicate. The plate was then sealed and incubated at 37 °C for 24 hours.

Planktonic bacteria were removed by shaking the dish over a waste tray. The plate was then washed by submerging it in a tray filled with sterile distilled water. Subsequently, 0.1% w/v crystal violet solution was added to each well and the plate was left to stain for 10 minutes at room temperature. Next, the crystal violet solution was removed by submerging the plate in a water tray. The plate was then inverted and tapped on paper towels to remove excess liquid and left to air dry. The stained wells were then treated with 30% v/v acetic acid for 15 minutes at room temperature to solubilize the dye. The bacterial suspension in each well was mixed well by pipetting and its optical density was measured in a microplate reader (Tecan, Austria) at 550 nm.

2.3 Swimming Motility Assays

Swimming motility assays were performed on tryptone agar plates (1% w/v tryptone, 0.5% w/v NaCl and 0.3% w/v agar) supplemented with different concentrations of amino acids (as above). The inocula were diluted overnight culture of *E. coli* in tryptone broth (approximately

OD₆₀₀ of 0.6). Following spot inoculation, the plates were incubated at 37°C for 24 hours. The

diameter of the halo formed in the agar was then measured using the ImageJ software (downloaded from http://rsbweb.nih.gov/ij/).

2.4 Twitching Motility Assays

Twitching motility assays were performed on LB agar plates (1% w/v tryptone, 0.5% w/v yeast extract, 0.5% w/v NaCl and 1% w/v agar) supplemented with different concentrations of amino acids (as above). The inocula were diluted overnight culture of *E. coli* in LB broth (approximately OD₆₀₀ of 0.6). Following spot inoculation, the plates were incubated at 37 $^{\circ}$ C for 24 hours. The diameter of the halo formed in the agar was then measured using the ImageJ software.

2.5 Statistical Analysis

One-way analysis of variance (ANOVA) was performed using SPSS to determine the statistical significance of all experimental data at p<0.05.



3. Results



3.1 Effects of Different Types and Concentrations of Amino Acids on Biofilm Formation

Figure 1. Effects of different types and concentrations of amino acids on biofilm formation in *E. coli*.

Biofilm formation in *E. coli* BL21 was measured spectrophotometrically following incubation in the presence of different types of amino acids in various concentrations. Asterisk (*) indicates value that is significantly different to that for the M63 medium with no added amino acid by ANOVA at p<0.05.

Biofilm formation assays were performed using different types and concentrations of amino acids (Figure 1). Several amino acids were observed to induce biofilm formation. With increasing concentration of arginine, the OD also increased correspondingly until the concentration of 0.2%; the increment was significant at this concentration. Biofilm formation was significantly increased at 0.2% concentration from an average of 0.154 cm² to 0.27 cm². Increased concentrations of value also resulted in significant increase in biofilm formation at concentrations of 0.2% (from an average of 0.146 cm² to 0.182 cm²) and 0.4% (from an average of 0.146 cm² to 0.191 cm²).

From Figure 1, lysine was observed to induce biofilm growth significantly at the concentration of 0.05%, from an average of 0.120 cm² to 0.178 cm². Phenylalanine was observed to increase biofilm growth significantly at 0.1% concentration, from 0.205 cm² to 0.4 cm². As for proline, a significant increase at 0.1% concentration onwards was observed, from an average of 0.139 cm² to 0.159 cm².

Threonine was observed to increase biofilm growth significantly at concentrations of 0.1%, from an average of 0.216 cm² to 0.312 cm², and 0.2%, from an average of 0.278 cm² to 0.409 cm². The addition of leucine resulted in increased biofilm formation in *E. coli* BL21 for all concentrations. However, as the amino acid concentration was increased, the biofilm formation



did not increase significantly.

On the other hand, glycine showed an inhibitory effect on biofilm formation and the extent of inhibition was concentration-dependent. With regard to this, a significant decrease in biofilm growth was observed at 0.4% concentration, from an average of 0.246 cm² to 0.165 cm². Similarly, threonine at 0.4% concentration significantly inhibited biofilm formation in *E. coli*, from an average of 0.244 cm² to 0.351 cm².

3.2 Effects of Different Types and Concentrations of Amino Acids On Swimming Motility



Figure 2. Effects of different types and concentrations of amino acids on swimming motility in *E. coli*.

Swimming motility in *E. coli* BL21 was measured following incubation in the presence of different types of amino acids in various concentrations. Asterisk (*) indicates value that is significantly different to that for the tryptone agar plate with no added amino acid by ANOVA at p < 0.05.

Swimming motility assays were performed using different types and concentrations of amino acids (Figure 2). A few amino acids were shown to induce biofilm formation. For valine, a significant increase in the size of the halo formed, from 0.014 cm^2 to 0.022 cm^2 , was observed from the concentration of 0.1% onwards.

According to Figure 2, leucine promoted swimming motility in *E. coli* BL21 significantly at 0.2% concentration, from 0.011 cm² to 0.023 cm². As for glycine, there was a significant increase in its swimming motility at the same concentration, from 0.012 cm² to 0.016 cm². Proline significantly enhanced swimming motility in *E. coli* at concentrations of 0.1% and 0.4%, where the diameter of the halo formed increased from 0.021 cm² to 0.024 cm² and from 0.047 cm² to 0.049 cm², respectively. As for threonine, it also significantly promoted its swimming motility from 0.1% concentration onwards, from 0.0145 cm² to 0.0293 cm².

On the other hand, some amino acids were inhibitory to swimming motility in *E. coli* BL21. Based on Figure 2, concentrations of 0.05% and 0.1% arginine were shown to suppress



swimming motility significantly, from 0.014 cm^2 to 0.008 cm^2 and from 0.014 cm^2 to 0.009 cm^2 , respectively. Both lysine and phenylalanine significantly suppressed the swimming motility of the cells from 0.05% concentration onwards (from 0.033 cm^2 to 0.018 cm^2 and from 0.039 cm^2 to 0.028 cm^2 , respectively).





Figure 3. Effects of different types and concentrations of amino acids in various concentrations on twitching motility in *E. coli*.

Twitching motility in *E. coli* BL21 was measured following incubation in the presence of different types of amino acids in various concentrations. Asterisk (*) indicates value that is significantly different to that for the LB agar plate with no added amino acid by ANOVA at p< 0.05.

For bacterial cells to induce biofilm formation, they require the ability to twitch (Hewitt, 2010). According to Figure 3, several amino acids increased twitching motility in *E. coli* BL21. Leucine and glycine significantly increased the diameter of the halo formed at 0.4% concentration, from 0.0178 cm² to 0.121 cm², and from 0.053 cm² to 0.1 cm², respectively. Similarly, valine significantly increased twitching motility in *E. coli* BL21 at concentrations of 0.05% and 0.2%, from 0.023 cm² to 0.039 cm² and from 0.023 cm² to 0.033 cm², respectively. For proline, only the 0.4% concentration significantly increased twitching motility increased twitching motility, from 0.0265 cm² to 0.0303 cm². For threonine, only the 0.05% concentration significantly induced twitching motility, from 0.028 cm² to 0.074 cm².

However, arginine significantly inhibited the twitching ability of *E. coli* BL21 for all concentrations, from 0.039 cm² to 0.009 cm². Lysine significantly suppressed twitching from 0.05% concentration onwards, from 0.181 cm² to 0.044 cm². Phenylalanine also significantly reduced twitching at concentrations 0.2% and 0.4%, from 0.054 cm² to 0.023 cm², and from 0.054 cm² to 0.021 cm², respectively.



4. Discussion

Based on the results obtained (Figure 1), arginine was shown to promote biofilm formation at 0.2% concentration. An evidence of arginine promoting biofilm formation can be observed in the study by Yen et al. (2002), whereby arginine favorably promoted biofilm formation in *Desulfovibrio vulgaris* Hildenborough of wild type, mega-plasmid deletion strain and a *fur* deletion mutant. Weiss et al. (2007) has also shown that arginine was necessary for biofilm maturation. Furthermore, the capability of arginine to promote biofilm formation in *Pseudomonas aeruginosa* was demonstrated by Bernier et al. (2011), whereby the use of arginine as the sole carbon source actually promoted biofilm formation by almost three-fold.

However, arginine was shown to inhibit swimming motility in *E. coli* BL21 significantly at concentrations of 0.05% and 0.1%. This is consistent with the study by Atsumi et al. (2006), in which they reported that arginine can inhibit the Na⁺-driven flagellar motors of alkaliphilic *Bacillus* spp. by competing with the Na⁺ for the molecular targets.

Similarly, arginine also inhibited twitching motility in *E. coli* BL21, whereby the gradual increase of arginine concentration from 0% to 0.4% resulted in a consistent trend of significant decrease in biofilm formation (Figure 3). This phenomenon of inhibition of twitching motility by arginine has been reported by Cugini et al. (2012), in which they observed that the arginine deiminase secreted by *Streptococcus intermedius* inhibited biofilm formation in the commensal pathogen *Porphyromonas gingivalis*. This is achieved via downregulation of genes encoding the major (*fimA*) and minor (*mfa1*) fimbriae, both of which are required for proper biofilm development (Cugini et al., 2012). Arginine deiminase is an enzyme that catalyzes the hydrolysis of L-arginine to L-citrulline and ammonia gas (Gong et al., 2000). This can thus imply that the availability of arginine could result in the inhibition of long fimbriae expression, which is crucial for twitching motility and eventually bacterial adherence to surfaces.

According to Bernier et al. (2011), valine is one of the amino acids that robustly promoted biofilm formation in *P. aeruginosa*. This is because valine is used by *P. aeruginosa* as the carbon and energy source for growth. This is coherent with our results, which showed that in the twitching motility assay, there was a significant increase in the size of the halo formed at 0.05% and 0.2% concentrations of valine (Figure 3); while in the swimming motility assay, there was a significant increase in its size from the concentration of 0.1% onwards (Figure 2). Overall, at valine concentration of 0.2%, swimming motility, twitching motility and biofilm formation was increased significantly (Figures 1-3). This is contrary to results obtained by Valle et al. (2008), in which they showed that the accumulation of valine in biofilms formed by many Gram-negative bacteria can actually inhibit the growth of several *E. coli* strains.

Figure 2 and Figure 3 showed that leucine and glycine both promoted swimming and twitching motility in *E. coli* BL21. However, based on Figure 1, only leucine significantly increased biofilm formation while 0.4% glycine significantly inhibited biofilm development in *E. coli* BL21. This observation is consistent with those reported by Bernier et al. (2011). Leucine amino peptidase, an enzyme in leucine metabolism, was known to be essential for bacterial survival and biofilm formation (Singh et al., 2012). However, D-leucine inhibited biofilm formation in *Staphylococcus aureus*. D-amino acids did not prevent the initial surface



attachment of cells but blocked the subsequent growth of the foci into larger assemblies of cells (Hochbaum et al., 2011). These differences may be due to the different isomers of amino acids and species of bacteria used.

In our study, glycine was observed to inhibit biofilm formation in *E. coli* BL21 (Figure 1). This observation was also reported by Luengpailin & Doyle (2000). When glycine was incorporated into the growth medium, *Streptococcus sobrinus* exhibited diminished ability to aggregate with high molecular-weight α -1,6-glucan and lowered lectin activities (Luengpailin & Doyle, 2000). Since lectin is an important component essential for biofilm formation, it is postulated that the lack of lectin will lead to the inhibition of biofilm formation.

Both lysine and phenylalanine suppressed swimming and twitching motility in *E. coli* BL21 (Figures 2 and 3). The ability of phenylalanine to induce biofilm formation has been reported in *P. aeruginosa* (Bernier et al., 2011). Based on Figures 1 3, 0.1% phenylalanine is the only concentration that significantly induced both biofilm formation and twitching motility in *E. coli* BL21. This might be attributed to the effect of phenylalanine on type IV pili. Phenylalanine acts as the N-terminal for mature pili, cellular appendages that would indirectly increase the ability of cells to adhere to surfaces (Schmidt, 2004).

Pantazaki et al. (2010) reported that lysine can improve biofilm formation. Besides, lysine was assumed to have similar functions to poly-L-lysine, which is the homo-polypeptide for lysine that has the ability to improve adherence to mammalian cells and also to stabilize the attachment of biofilms to surfaces (Cheng et al., 2010). Based on Figure 1, lysine significantly induced biofilm formation at the concentration of 0.05%.

However, higher concentrations of lysine did not significantly increase biofilm formation (Figure 1). Also, lysine significantly inhibited swimming and twitching motility (Figures 2 and 3). This might be due to the presence of lysine decarboxylase in *E. coli* cells. Lysine decarboxylase is an enzyme that converts lysine into cadaverine, and thus limiting lysine availability for initial growth of biofilms (Lohinai et al., 2010). Higher concentrations of lysine may trigger higher expression of lysine decarboxylase, leading to lesser amount of lysine present in the medium.

According to Figures 2 and 3, threonine has an observable effect on the motility of *E. coli* BL21; it significantly promoted swimming and twitching motility at concentrations of 0.1% and 0.05%, respectively. However, as Figure 1 has shown, threonine significantly inhibited biofilm formation at 0.4% concentration. The expression of type IV pili is believed to increase in the presence of threonine. Furthermore, Berggren et al. (1998) has shown that type IV pili were necessary for biofilm-forming signal transduction in *Neisseria* spp. Besides, threonine has also been shown to promote swimming motility in bacteria. Morehouse et al. (2005) has shown that threonine is present in the rotor protein FliG, which is important for rotation of flagella in term of directionality. This might explain how threonine enhanced the swimming motility in *E. coli* BL21 in this study.

As shown in Figure 1, proline significantly increased biofilm formation as well as swimming and twitching motility in *E. coli* BL21. Blair et al. (1999) has shown that mutation of the



proline residue in MotA protein will inhibit bacterial swimming motility. MotA is an integral membrane protein that is believed to play a role in proton conduction and stator formation in the flagellar motor in order to obtain energy for the motility. Jain and Pandey (2002) have shown that in order for *E. coli* to carry out chemotaxis, proline is one of the essential compounds that must be present in the surrounding medium.

5. Conclusion

Taken together, although it seems that most of the amino acids tested in this study induced biofilm formation in *E. coli* BL21 (arginine, valine, leucine, lysine, phenylalanine, proline and threonine), they did not necessarily increase swimming and twitching motility as well. Several amino acids inhibited both swimming and twitching motility but induced biofilm formation (arginine, lysine and phenylalanine). Only valine, leucine and proline were observed to induce biofilm formation, swimming motility and twitching motility simultaneously. The findings from this study would contribute to future investigation on the potential use of amino acid-based dietary supplements for the treatment or the control of microbial diseases associated with uncontrolled growth of biofilms. For instance, valine, leucine and proline can be omitted from therapeutic agents to counter biofilm growth.

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